

Zones of Regulation: Facts vs. Opinions

Different Thoughts



People have different thoughts.



It is ok to have a different



thought from other people.



It's what makes us unique.



Facts vs. Opinions

A fact is something that can be proven true.



Fact

Facts vs. Opinions

An opinion is a feeling or belief about something and cannot be proven true.

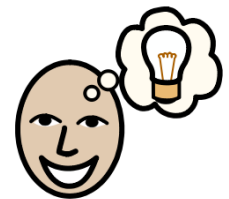


Opinion

Fact or Opinion?



Fact or opinion



Football is a fun sport
Skateboards have four wheels
You play tennis with a bat and ball

Tennis is very hard
Ice cream melts
Mint choc chip is the best flavour