

Zones of Regulation – Lucy and Megan 1

Lucy has been on the computer for a long time. Now Megan wants a turn. Megan taps Lucy on the shoulder and asks 'can I have a go now on the computer?' but Lucy seems to be ignoring her.



Lucy becomes very angry and refuses to let Megan have a turn.

Think about:

What unexpected behaviours are happening?
How does Megan feel?
What is Megan thinking?
What will Megan do or say?
How does Lucy feel?

